



SLOVENIAN OPEN MASTERS SWIMMING CHAMPIONSHIP

Sports club Aktivček with Slovenian swimming Association (PZS) are organizing Slovenian open masters swimming championship. The competition will take place, in indoor Olympic swimming pool, in Kranj on Saturday, 28th May 2011. The competition starts at 10:45. Timing will be measured electronically.

You can apply through the web at www.aktivcek.com or through e-mail: info@aktivcek.com, from 31th April to Wednesday, 25th May 2011. Each competitor can take part in four individual disciplines and in all relays. The admission fee is 17€ for electronic money orders carried out till 26th of May, or 20€ paid on the day of the competition.

Money order on (NLB bank): 0206 8025 5682 528, purpose: VDP FEE.

TIMETABLE:

Note: The following timetable is just a frame and we hold the right to change the arrangement the disciplines and the timetable according to the applications. We ask the competitors to apply on time (deadline is 2^d June).

Order of precedence of disciplines

MORNING

- 9.30 - 10.00 Registration, starting fee
- 10.00 - 10.40 Warm up
- 10.45 Morning part by following events
 - 100 freestyle
 - 200 breaststroke
 - 100 backstroke
 - 200 medley
 - 100 fly
 - 50 breaststroke
 - 400 freestyle (800 free., 1500 free.)

Long distance swimmers: if you want to swim 800 and 1500 freestyle or 400 medley, you have to let us know in the application. If at least four swimmers apply, the above mentioned disciplines will be carried out at the end of the morning part of the competition.

- 12.15 - 13.00 BREAK

AFTERNOON

- 13.15 – 13.45 Warm up
- 13.50 Afternoon part by following events
 - Relay 4x 50 medley
 - 50 fly
 - 100 breaststroke
 - 50 backstroke
 - 200 freestyle
 - 200 fly
 - 50 freestyle
 - 200 backstroke
 - Relay 4x 50 freestyle
 - Relay 4x50 freestyle 2+2*

*Note: Relay 2+2 is carried out by two male and two female swimmers.



Age Groups:

18 – 24
25 – 29
30 – 34
35 – 39
40 – 44
45 – 49
50 – 54

55 – 59
60 – 64
65 – 69
70 – 74
75 – 79
80 – 84
85 – 89
90 +

For all additional information we are available on telephone +38640435183 (Andrej) or via e-mail piro23@siol.net .

With sport regards,
ŠD Aktivček